

Relationships and Sex Education policy

South Walney Infant & Nursery School



Approved by: Board of Governors

Date: Spring 2022

Last reviewed on: Spring 2021

Next review due by: Spring 2024

SOUTH WALNEY INFANT AND NURSERY SCHOOL

Relationships and Sex Education (RSE) Policy 2021

At South Walney Infant and Nursery School, we aim to promote personal wellbeing and development through a comprehensive programme of PHSE (Personal, Social Health education) and Relationships and Sex education that gives our children the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

The Department for Education (DfE) made changes to Relationships and Sex Education (RSE) which came into effect from September 2020. Consequently, from September 2020, Relationships and Sex Education (RSE), along with Health Education, became statutory, and forms part of the National Curriculum. All schools are required to comply with the updated requirements.

RSE embodies lifelong learning about personal, physical, moral and emotional development and at South Walney Infant and Nursery School RSE is taught within our Personal Health and Social Education curriculum framework, and through implementation of the 'One decision' scheme.

Learning about the emotional, social and physical aspects of growing up will give children the information, skills and positive values to have safe, fulfilling relationships and help them take responsibility for their own well-being. Our intention is to help children to develop and form positive values, attitudes, personal and social skills, and increase their knowledge and understanding of how to make informed decisions and life choices.

Through our RSE and PHSE programme we aim to provide children with the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active and responsible citizens.

These are taught within the key statutory curriculum areas of:

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

As with all our teaching, we will ensure our curriculum is sensitive, age-appropriate and developmentally appropriate.

Statutory Guidance

The Relationships Education, Relationships and Sex Education and Health Education (England) Regulations 2019, made under sections 34 and 35 of the Children and Social Work Act 2017, make Relationships Education compulsory for all pupils receiving primary education and Relationships and Sex Education (RSE)

compulsory for all pupils receiving secondary education. Schools are required to comply with relevant requirements of the Equality Act 2010.

Under the provisions of the Equality Act, schools must not unlawfully discriminate against pupils because of their age, sex, race, disability, religion or belief, gender reassignment, pregnancy or maternity, marriage or civil partnership, or sexual orientation (collectively these are known as the protected characteristics).

The Relationships Education, RSE, and Health Education (England) Regulations 2019 have made Relationships Education compulsory in all primary schools. The teaching of Sex Education in primary schools remains non-statutory. As an infant school, we are not required to teach sex education and the content set out in this policy focuses on Relationships and Health Education.

Definitions Following DfE guidance,

Relationships Education is defined as teaching about reference to respectful friendships, family relationships, and relationships with other children and with adults, including online relationships.

For the purpose of this policy, Health Education is defined as teaching pupils about physical health and mental wellbeing, recognising the link between the two and being able to make positive and healthy lifestyle choices.

Sex Education is defined as teaching children how human reproduction occurs, including how a baby is conceived and born.

This draws on knowledge of the human life cycle set out in the national curriculum for science. As an Infant school, we will teach only the statutory aspects of RSE located within the KS1 science national curriculum at that level.

As part of the KS1 statutory science national curriculum we teach children to identify, name, draw and label the basic parts of the external human body (including penis and vagina) and say which part of the body is associated with each sense. Children also are taught to understand that animals including humans have babies that grow into adults.

Organisation of the curriculum

At South Walney Infant and Nursery our RSE programme is firmly embedded through our taught scheme and within PSHRE sessions. This is taught by class teachers. The trained Kidsafe and ELSA workers may supplement this further through their planned programmes of work for year groups and individuals where there is some content cross over.

Aspects of the RSE programme will be delivered through: • Science curriculum • Computing curriculum • Super six texts and quality literature • Circle times • Assemblies including picture news • PE in the context of health and hygiene

Inclusion

We are fully committed to making sure that all children can access RSE within our PSHRE provision. As with all our teaching and learning, high quality teaching is personalised from a child's starting point to ensure accessibility. We refer to the SEND Code of Practice when planning and this may mean that reasonable adjustments are planned so that all children, including our children with special educational needs, learn about health and relationships.

Right to withdraw

Parents have the right to request that their child be withdrawn from some or all of sex education delivered as part of statutory RSE. There is no right to withdraw from Relationships Education or Health Education. As there is no teaching of sex education within the KS1 RSE curriculum and our policy focuses on Relationships Education, there is no right to withdraw from any part of our RSE curriculum. Parents who do have questions and concerns are encouraged to speak to the PSHRE co-ordinator or Head teacher who will support them with any queries.

Roles and Responsibilities

The Governing body has approved this policy. The Headteacher is responsible for ensuring that RSE is taught consistently across the school. The Headteacher also will ensure that members of staff are given sufficient training, so that they can teach effectively and handle any difficult issues with sensitivity. With the support of the PSHRE lead they will monitor this policy on a regular basis and reports to governors on the effectiveness of the policy.

The PSHRE Curriculum Lead will provide ongoing support and advice to staff and order appropriate resources. They will ensure long and medium term plans are both appropriate and challenging and will monitor standards.

All staff are responsible for:

- Delivering RSE in a sensitive way
- Modelling positive attitudes to RSE
- Responding to the needs of individual pupils
- Monitoring progress

Pupils are expected to engage fully in RSE and, when discussing issues related to RSE, treat others with respect and sensitivity.

Policies/RSE Monitoring

The PSHRE lead monitors the delivery of RSE through, for example: learning walks, lesson observations, planning scrutiny, staff meetings and pupil conferencing. Class teachers, as part of our internal assessment systems, monitor pupils' development in RSE.

The School Environment

The school will ensure that the whole school environment reflects the values of respect for themselves and others. It will:

- Ensure that posters and displays use

positive images and celebrate difference and diversity. • Ensure that communication between staff and pupils is welcomed and encouraged, and children know how to access members of staff. • Ensure that discriminatory behaviour is always challenged in any context.

Equality Statement The RSE curriculum adheres to our school Equality Policy. It is the responsibility of all staff to ensure that all children are treated equally, regardless of their background, gender, race or ability. We are an inclusive school and teach RSE to all children respecting individual needs. The RSE curriculum takes into account issues of difference including: gender, race and ethnicity.

Equal Opportunities

South Walney Infant and Nursery School is committed to equality of opportunity in all aspects of school life. In RSE this will include: • Celebrating difference and diversity • Examining and challenging gender stereotyping, • Ensuring a programme of Relationships Education that is relevant to all pupils

Further policies and signposting School policies: • Anti-bullying policy and procedures • Behaviour policy and procedures • Equalities Policy • Online safety policy • Personal, Social and Health Education Policy • Safeguarding and child protection policy

External links The DfE Relationships, sex and health education: guides for parents can be accessed via the following link:

<https://www.gov.uk/government/publications/relationships-sex-and-health-education-guides-for-schools> Relationships education, relationships and sex education (RSE) and health education

National curriculum science programme of study:

<https://www.gov.uk/government/publications/national-curriculum-in-england-science-programmes-of-study/national-curriculum-in-england-science-programmes-of-study#key-stage-1>

South Walney Infant & Nursery School is fully committed to safeguarding and promoting the welfare of all its pupils. Every member of staff recognises that safeguarding against radicalisation and extremism is no different to safeguarding against any other vulnerability